

Culture in Crisis

Week 1: Suicide

Launch

Would you describe yourself as an optimist, a pessimist, or a realist? (Keep in mind that all pessimists think that they're realists.)

Explore

Read Psalm 139:16, Ephesians 2:10, and Jeremiah 29:11

What do these passages tell us about God's plan and purpose for our lives?

Read John 10:10

What is Satan's goal in the lives of people struggling with depression and thoughts of suicide or self-harm?

Read 2 Corinthians 1:8-9

How does Paul model how to handle stress and despair?

Apply

How would you define "culture"? How about "subculture"? What subcultures do you belong to?

How is suicide a cultural issue? In other words, what are the cultural factors that contribute to suicide being a step that so many people take?

How does the gospel impact this issue? How can Christians shape the culture into one of hope and life?

How has suicide touched your life? What are some practical things you can do to help friends and family who struggle with suicidal thoughts?

Pray

Pray that we would be people who radiate the hope of the gospel. Pray that the power of the Holy Spirit would deliver people from despair and hopelessness.