

Encounter

Part 2: What to Do With Doubt

John 20:19-29

Launch

If you had 40 days left to live, what would be on your bucket list?

Explore

Read the passage

Why was Thomas skeptical? (What was the object of his doubt?) Why did he need experiential proof of the resurrection?

How did Jesus respond to Thomas's doubts? What principles can we learn from this?

Read John 20:30-31 This passage states the purpose of John's gospel. Why do you think he included it right after this story about Thomas?

Apply

What are some unhealthy ways to deal with doubt?

How can doubt actually lead to greater faith?

How has doubt played a role in your spiritual journey? What are some of your lingering doubts and questions?

Ben said, "The best evidence for the resurrection is a changed life." What did he mean?

Pray

Pray that we would keep searching for truth with a spirit of humility, realizing that we'll never have all the answers. Pray that our doubt would lead to greater faith and that we'd provide a safe environment for people in our oikos to bring their questions.

