

The Jesus Way to Pray

Part 1: Shutting the Door

Various Passages

Launch

Did you grow up praying at mealtime and bedtime? If they were memorized, rote prayers, do you still remember them? (“Now I lay me down to sleep...”)

Explore

Read Luke 11:1

What is the purpose of prayer?

Why did the disciples want Jesus to teach them to pray?

Read Luke 5:16 and Matthew 6:5-6

How do these passages address our motives?

What are these passages NOT saying about prayer?

Apply

Jesus tells us to “shut the door” in order to eliminate distractions from our prayer life. Why does prayer require a quiet, undistracted soul?

What are the things in life competing for your attention? What are some steps you can take to eliminate these distractions from your prayer life?

Pray

Pray that we would be more intentional about shutting the door to distractions this week in order for us to have uninterrupted prayer time, connecting with God in a way that makes a difference.