

The Jesus Way to Pray

Part 2: Making it Personal

Various Passages

Launch

What is your favorite thing about Fall? How about your least favorite thing?

Explore

Read Matthew 6:7-8, 1 Kings 18:26-29

Why did the prophets of Baal use repetition, increased volume, and self mutilation? What are some modern-day examples of this approach to prayer?

How is authentically praying to the Father supposed to be different than praying “like the Gentiles”?

If our Father knows what we need before we ask, why bother praying?

Apply

Have you ever found yourself praying “like the Gentiles” (without real meaningful content or trying to manipulate God)? Discuss when and why that happened.

Choose one word to describe the current state of your prayer life. For example: *relational, sincere, meaningful, inconsistent, manipulative, nonexistent.*

Pray

As you pray, approach God as a loving Father who wants to meet our needs. Carve out some extra time to confess your own shortcomings in the area of prayer and ask God to help you grow in your prayer life.