

A Life to Die For

Part 1: Joy & Contentment
Philippians 4:11-13

Launch

Did you make any New Year's resolutions? Why or why not?

Explore

Read the passage

Paul says, "I have learned the secret of living in every situation." What is this secret he's talking about?

What do you know about Paul's life that would help him learn how to be content? (See Philippians 3:4-11 and 2 Corinthians 11:24-26)

Apply

What is the difference between happiness and joy?

What are some signs of discontentment in our culture? What is driving this?

Do you consider yourself a content person? Why or why not? What are some examples of how this is displayed in your life?

Regarding an attitude of joy, what difference has the gospel made in your life?

Pray

Pray that we would learn to be joyful and content in all circumstances, treasuring Jesus above all.