

The Body

Part 4: The Head

Various passages

Launch

What is your favorite snow-related memory?

Explore

Read Colossians 1:15-18 (using 2-3 different translations)

What does this passage say about the centrality and supremacy of Christ?

One translation says Christ “is preeminent over all creation.” What does this mean?

How should Christ being the head of the body affect our view of church?

Read II Corinthians 5:9, 14-15

Why should Christ’s love compel us? Compel us to do what?

What does it mean to live not for ourselves but for the One who died for us? What does this look like on a practical level?

Apply

If the head of the body (Jesus) is the source of life, direction, and worship, why do we so often try to operate independently from Him?

How has Christ caused you to grow? Where do you still want to see more growth?

We all have areas of our lives where we used to call the shots, but now Jesus does. What is one of those areas for you? In what parts of your life do you still struggle to give Jesus full control?

Pray

Pray that we would see Jesus for who he really is, relying on Him for life, power, and direction. Pray that we would truly live for the One who died for us.