

# The Trap

Part 4: The Truth about Unforgiveness

Colossians 3:12-14

## Launch

What are your plans for the Super Bowl? Should we watch it as a LifeGroup?

## Explore

### Read the passage

How should our identity as *chosen, holy, and loved* affect how we live?

What do we need to “put on” in order to accept and forgive one another?  
Why is that necessary?

If a Christian is unwilling to forgive, what does that say about their view of God and their relationship with Jesus?

## Apply

*Satan tells us several lies about forgiveness:*

- *To forgive requires positive feelings*
- *To forgive means the relationship doesn't change*
- *To forgive means ignoring the severity of the offense*
- *God will bless my life if I don't forgive*

Which of these lies rings most true in your life? Why?

What kind of boundaries have you established in relationships that have helped restore trust?

Have you experienced a restoration of relationship in a way that cause others to notice? What were the effects?

## Pray

Thank God for his forgiveness. Pray that grasping the depth of his forgiveness would compel us to forgive others.