

Less is More

Part 1: Complexity

Luke 10:38-42

Launch

Times like these can significantly disrupt our daily routines like sleep, eating, and exercise. How has the last week or two impacted those areas of your life?

Explore

Read the passage

Why was Martha upset? Were her feelings justified?

Why did Jesus say that Mary made the right choice? What choice did she make? Why would it “not be taken away from her”?

What was the fruit of both Martha’s and Mary’s activity and priorities?

Mary was concerned about many things but Jesus said “one thing is necessary.” What is that one thing? What does this say about Jesus’ view of simplicity and complexity?

Apply

Our culture pressures us into a life of complexity. How have you been guilty of buying into this cultural value? What have been the results?

In a world of complexity, the urgent typically trumps the important. But when life is less complex, we can have 1) more margin for important things, 2) more depth in our relationship with God and others, and 3) a more genuine sense of our true identity. Which of these three sounds most appealing to you? Why? What will you do to develop that area more intentionally?

Pray

Pray that this time of forced simplicity will help us prioritize what’s important, that we’ll take time to worship instead of merely keeping busy with spiritual activity, and that we’ll grow in character, becoming more and more like Jesus.