

Street Smarts

Part 3: Self-awareness

Proverbs 30:24-28

Launch

What's your favorite animal? Why?

Explore

Read the passage

Each of these animals has a weakness. What are they?

How does each animal compensate for its weakness?

Why do some people struggle with self-awareness?

Apply

How self-aware are you? (If I were to ask your spouse or closest friend about your self-awareness, how would they answer?)

Jeff listed four ways we can compensate for our weaknesses:

- *Planning ahead (not procrastinating)*
- *Seeking wise counsel*
- *Listening to the Holy Spirit for internal motivation*
- *Avoiding dangerous influences*

In which of these areas are you excelling? Where do you still need growth?

** There are many tools that can help you become more self-aware. See the list of resources on the next page.*

Pray

Pray that we would be aware of our own shortcomings and be wise in compensating for them.

SELF-AWARENESS RESOURCES

- 1) **Spiritual Gifts:** <https://giftstest.com/test>
- 2) **Natural Strengths:** <https://store.gallup.com/p/en-us/10108/top-5-cliftonstrengths>
- 3) **Emotional Intelligence:** <https://www.ihhp.com/free-eq-quiz/>
- 4) **Personality Inventories:**
 - a. Myers-Briggs
<https://www.myersbriggs.org/my-mbti-personality-type/take-the-mbti-instrument/>
 - b. DiSC
<https://www.123test.com/disc-personality-test/>
 - c. Enneagram
<https://www.amazon.com/Road-Back-You-Enneagram-Self-Discovery/dp/0830846190>
- 5) **SHAPE (Spiritual Gifts, Heart, Abilities, Personality, Experiences):**
<https://www.freeshapetest.com/>